Instructions for Effective Prayer

Teach Us To Pray – Part 3 (Matthew 6:5-8,14-18) Life Church St. Louis - August 26, 2012 Lead Pastor - Dr. Dan Walker

James 5:16b (NIV) The prayer of a righteous man is powerful and effective.	3B.	for God's reward
1A. Don't pray for approval	Matthew 6:17-18 (NIV) But when you fast, put your face, so that it will not be obvious to men your Father, who is unseen; and your Father, secret, will reward you.	
Matthew 6:5 (NIV) "And when you pray, do not be like the hypocrites, for they love to pray standing in the synagogues and on the street corners to be seen by men. I tell you the truth, they have received their reward in full.		
	 Pray that 	Prayer & Fasting Guide It all the preparations for the Stare Detected by September 11.
1B. Pray for God's	 Pray that 	t God would draw people to be m
Matthew 6:6 (NIV) But when you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret, will reward you.	Center. • Pray tha	t God would draw people to Life (t God would bless our ongoing pa God's blessing and direction on y
2A. Don't pray prayers	·	t God would help you reach out to
Matthew 6:7 (NIV) And when you pray, do not keep on babbling like pagans, for they think they will be heard because of their many words.	•	
2B. Pray from your		
Matthew 6:8 (NIV) Do not be like them, for your Father knows what you need before you ask him.	•	

3A. Don't fast for men's _____

Matthew 6:16 (NIV) "When you fast, do not look somber as the hypocrites do, for they disfigure their faces to show men they are fasting. I tell you the truth, they have received their reward in full.

t oil on your head and wash that you are fasting, but only to who sees what is done in

- Bridge Counseling Center would
- ninistered to at the Counseling
- Church through the Counseling
- artnership with StarBridge.
- your own family and situation.
- o bring others into the church.

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In what ways is prayer a conversation with our Father (Matthew 6:8)? What has God taught you about prayer in the past? Intro. How does realizing that God knows what you need before you ask help you in your prayer life? Why do you think it is important to be a life-long learner in the school of prayer? Have you ever kept a prayer journal? In what ways do you think it could be/has been helpful? What areas of prayer would you like to learn more about and grow in? 3. In what situations do you think it would be appropriate to fast (Matthew Describe the kind of person whose prayers are powerful and effective 6:16)? (James 5:16b). What are the benefits of fasting when you pray (Matthew 6:17-18)? 1. In what ways may you be tempted to pray for men's approval (Matthew 6:5)? How are you doing on your commitment to our 40 days of prayer and fasting focused on the StarBridge Counseling Center ministry? In what ways is prayer an exercise of faith (Matthew 6:6)? What situations in your own life would you like the rest of the group to How could you apply Jesus' teaching to your own prayer life (Matthew pray for? 6:5-6)?

2.

(Matthew 6:7)?

What examples of meaningless or repetitious prayers have you seen