

The Antidote for Worry (Luke 12:22-34)

Praying with Jesus – Part 4
Life Church St. Louis – February 2, 2014
Lead Pastor – Dr. Dan Walker

Matthew 6:11 (NIV) Give us today our daily bread.

John 6:35 (NIV) Then Jesus declared, "I am the bread of life. He who comes to me will never go hungry, and he who believes in me will never be thirsty.

Philippians 4:6 (NIV) Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God.

1. Don't _____

Luke 12:22 (NIV) Then Jesus said to his disciples: "Therefore I tell you, do not worry about your life, what you will eat; or about your body, what you will wear.

1A. God has _____ for you

Luke 12:23 (NIV) Life is more than food, and the body more than clothes.

2. You are _____ to God

Luke 12:24 (NIV) Consider the ravens: They do not sow or reap, they have no storeroom or barn; yet God feeds them. And how much more valuable you are than birds!

2A. Worry accomplishes _____

Luke 12:25 (NIV) Who of you by worrying can add a single hour to his life?

2B. God will _____ for you

Luke 12:26 (NIV) Since you cannot do this very little thing, why do you worry about the rest?

3. _____ God will care for you

Luke 12:27-28 (NIV) "Consider how the lilies grow. They do not labor or spin. Yet I tell you, not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today, and tomorrow is thrown into the fire, how much more will he clothe you, O you of little faith!

3A. Don't focus on your _____

Luke 12:29-30 (NIV) And do not set your heart on what you will eat or drink; do not worry about it. For the pagan world runs after all such things, and your Father knows that you need them.

3B. Focus on God's _____

Luke 12:31 (NIV) But seek his kingdom, and these things will be given to you as well.

4. _____ God's kingdom

Luke 12:32 (NIV) "Do not be afraid, little flock, for your Father has been pleased to give you the kingdom.

4A. _____ to God's kingdom

Luke 12:33 (NIV) Sell your possessions and give to the poor. Provide purses for yourselves that will not wear out, a treasure in heaven that will not be exhausted, where no thief comes near and no moth destroys.

4B. _____ for God's kingdom

Luke 12:34 (NIV) For where your treasure is, there your heart will be also.

The Antidote for Worry (Luke 12:22-34) Study Guide

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Intro. What is the priority in the first part of the Lord's prayer (Matthew 6:9-10)?

What are we to ask the Father for as we request "our daily bread" (Matthew 6:11, John 6:35)?

How can prayer replace anxiety and worry in our lives (Philippians 4:6)?

1A. What is the significance of the fact that Jesus commands us "do not worry" (Luke 12:22)?

1B. In what ways is our life to be more than simply meeting needs (Luke 12:23)?

1C. How should you deal with the sin of worry?

2A. Why are people much more valuable to God than birds (Luke 12:24)?
What does Jesus' example of the ravens teach us?

2B. What does worry accomplish for a person (Luke 12:25-26)?

2C. Why do you worry? What does worrying imply about your view of God?

3A. Considering Jesus' example of the lilies, how does worry reveal a lack of faith (Luke 12:27-28)?

3B. In what ways does worrying show that your focus in life is wrong (Luke 12:29-30)?

3C. How does focusing on God's kingdom help overcome worry (Luke 12:31)?

4A. What does it mean for the Father to give you the kingdom (Luke 12:32)?

4B. How does giving to those in need, both physically and spiritually, lay up treasure in heaven (Luke 12:33)?

4C. Why is a person who worries typically stingy in his giving to the kingdom (Luke 12:34)?

4D. How can faith-filled prayer make you a more generous person?