

**Escape the Trap**  
**Break Every Chain – Part 2**  
Life Church St. Louis – May 28, 2017  
Lead Pastor – Dr. Dan Walker

1 Corinthians 6:12 (ESV) “All things are lawful for me,” but not all things are helpful. “All things are lawful for me,” but I will not be dominated by anything.

Categories of Life-Controlling Problems

- A. \_\_\_\_\_ Addictions
- B. \_\_\_\_\_ Addictions
- C. \_\_\_\_\_ Addictions

2 Peter 1:5 (ESV) For this very reason, make every effort to supplement your faith with virtue, ...,

**1. Recognize the \_\_\_\_\_**

**A. Identify sinful \_\_\_\_\_**

Ephesians 2:1-3 (ESV) And you were dead in the trespasses and sins in which you once walked, following the course of this world, following the prince of the power of the air, the spirit that is now at work in the sons of disobedience— among whom we all once lived in the passions of our flesh, carrying out the desires of the body and the mind, and were by nature children of wrath, like the rest of mankind.

**B. \_\_\_\_\_ sinful behaviors**

Romans 8:12-13 (ESV) So then, brothers, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

**2. Rely on the \_\_\_\_\_ power**

Romans 8:11 (ESV) If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

**A. \_\_\_\_\_ out your salvation**

Philippians 2:12-13 (ESV) Therefore, my beloved, as you have always obeyed, so now, not only as in my presence but much more in my absence, work out your own salvation with fear and trembling, for it is God who works in you, both to will and to work for his good pleasure.

**B. \_\_\_\_\_ your life daily to the Lord**

Psalms 37:5-6 (ESV) Commit your way to the LORD; trust in him, and he will act. He will bring forth your righteousness as the light, and your justice as the noonday.

**3. \_\_\_\_\_ on godly things**

Philippians 4:8 (ESV) Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

**A. Make a \_\_\_\_\_ with God**

Job 31:1 (ESV) “I have made a covenant with my eyes; how then could I gaze at a virgin?”

**B. \_\_\_\_\_ not to defile yourself**

Daniel 1:8 (ESV) But Daniel resolved that he would not defile himself with the king’s food, or with the wine that he drank. Therefore he asked the chief of the eunuchs to allow him not to defile himself.

**Action Plan for This Week**

How will I obey God’s Word this week? \_\_\_\_\_

\_\_\_\_\_

**Escape the Trap Study Guide**  
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Intro. How does Paul disprove the pagan slogan “All things are lawful for me” in 1 Corinthians 6:12?

What types of life-controlling issues dominate people?

What kinds of dominating issues other than substance abuse can keep people from obeying Christ?

What is the normal sequence of events by which a person is entrapped with a life-controlling issue?

Why do you think that virtue or goodness is the first thing mentioned in 2 Peter 1:5 to supplement faith?

1A. Why is the denial of sinful behavior in a person’s life so common?

1B. Why do sinful behaviors often carry over into the believer’s life to one extent or another (Ephesians 2:1-3)?

1C. How is the believer commanded to deal with sinful behaviors (Romans 8:12-13)?

1D. Why do we normally need the help of other believers to be set free from sinful behavior patterns?

2A. In what ways is it encouraging to know that power of the Spirit is available to you in your battle with sinful behaviors (Romans 8:11)?

2B. Describe how working out your salvation and God working in you complement one another (Philippians 2:12-13).

2C. Why must commitment of your life to the Lord be done daily (Psalm 37:5-6)?

2D. Explain how battling sinful behavior and growing in your relationship with God work together in a believer’s life.

3A. Why does the Bible command us to think on godly things (Philippians 4:8, Colossians 3:2)?

3B. Why should one make a covenant with God regarding persistent temptations (Job 31:1)? How would this relate to repentance?

3C. Why is a firm resolve important when escaping the trap of sinful behaviors (Daniel 1:8, 1 Corinthians 16:13)?

3D. In what ways can you train you mind to think on godly things? Describe things to avoid and things to embrace.