

Prayers for Help
Praying the Psalms – Part 1
Life Church St. Louis – June 7, 2020
Lead Pastor – Dr. Dan Walker
Message Videos – www.lcstl.org/messages

Psalm 1:1-2 (ESV) Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the LORD, and on his law he meditates day and night.

1. Pray for _____

Psalm 4:1-2 (ESV) Answer me when I call, O God of my righteousness! You have given me relief when I was in distress. Be gracious to me and hear my prayer! O men, how long shall my honor be turned into shame? How long will you love vain words and seek after lies? Selah

Psalm 4:3 (ESV) But know that the LORD has set apart the godly for himself; the LORD hears when I call to him.

Psalm 4:8 (ESV) In peace I will both lie down and sleep; for you alone, O LORD, make me dwell in safety.

2. Pray for _____

Psalm 17:1-2 (ESV) Hear a just cause, O LORD; attend to my cry! Give ear to my prayer from lips free of deceit! From your presence let my vindication come! Let your eyes behold the right!

Psalm 17:8-9 (ESV) Keep me as the apple of your eye; hide me in the shadow of your wings, from the wicked who do me violence, my deadly enemies who surround me.

Psalm 17:13 (ESV) Arise, O LORD! Confront him, subdue him! Deliver my soul from the wicked by your sword,

Psalm 17:15 (ESV) As for me, I shall behold your face in righteousness; when I awake, I shall be satisfied with your likeness.

3. Pray for _____

Psalm 80:1, 3 (ESV) Give ear, O Shepherd of Israel, you who lead Joseph like a flock. You who are enthroned upon the cherubim, shine forth. ... Restore us, O God; let your face shine, that we may be saved!

Psalm 80:4 (ESV) O LORD God of hosts, how long will you be angry with your people's prayers?

Psalm 80:12 (ESV) Why then have you broken down its walls, so that all who pass along the way pluck its fruit?

Psalm 80:16 (ESV) They have burned it with fire; they have cut it down; may they perish at the rebuke of your face!

Action Plan for This Week

Have a daily time of Bible reading & prayer (Read Psalms 4, 17, 80).
 Mon Tue Wed Thu Fri Sat Sun

Invite a friend to attend the service next week.

How will I obey God's Word this week? _____

Prayers for Help Study Guide

Praying the Psalms – Part 1

Life Church St. Louis – June 7, 2020

Lead Pastor – Dr. Dan Walker

Message Videos – www.lcstl.org/messages

Intro. What are some aspects of your prayer life that you would like to see grow and improve?

Intro. According to Psalm 1:1-2, how should God's Word impact your life?

Intro. In what ways do you think our city and nation need God's help?

1A. What gives the psalmist confidence that God will hear his call for help (Psalm 4:1-2)?

1B. How does the Lord set apart the godly for Himself (Psalm 4:3)?

1C. How can we enjoy God's peace in sleep when we are in the midst of distress (Psalm 4:8)?

1D. How can we pray for God's grace in the midst of the current unrest in our country?

2A. According to Psalm 17:1-2, what are the conditions for God to answer prayers for protection?

2B. Why is it important to be realistic in prayer about the attacks upon us (Psalm 17:8-9)?

2C. How are evil people and evil demonic forces related (Psalm 17:13, Ephesians 6:12)?

2D. How can our hope of eternal life give us peace in the midst of attacks (Psalm 17:15)?

2E. How should we pray for protection in the midst of the current crises in our country?

3A. In what ways do we need God's restoration in our country (psalm 80:1, 3)?

3B. What can cause God to be angry with our prayers (Psalm 80:4)?

3C. How do the verses in Psalm 80:12, 16 relate to the current situation in America?

3D. According to 2 Chronicles 7:14, how can we pray for restoration?

3E. What can we do to bring about racial reconciliation in our city?