

Three Secrets for Spiritual Growth

Doing What Jesus Did – Part 7

Life Church St. Louis – August 14, 2022

Lead Pastor – Dr. Dan Walker

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Ephesians 4:11-12 (ESV) And he gave the apostles, the prophets, the evangelists, the shepherds and teachers, to equip the saints for the work of ministry, for building up the body of Christ,

Ephesians 4:13 (ESV) until we all attain to the unity of the faith and of the knowledge of the Son of God, to mature manhood, to the measure of the stature of the fullness of Christ,

Ephesians 4:14 (ESV) so that we may no longer be children, tossed to and fro by the waves and carried about by every wind of doctrine, by human cunning, by craftiness in deceitful schemes.

Ephesians 4:15 (ESV) Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ,

1. Choose the one thing _____

Luke 10:38-39 (ESV) Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord's feet and listened to his teaching.

Luke 10:40 (ESV) But Martha was distracted with much serving. And she went up to him and said, "Lord, do you not care that my sister has left me to serve alone? Tell her then to help me."

Luke 10:41-42 (ESV) But the Lord answered her, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her."

2. Pray _____ with the Father

Luke 11:1 (ESV) Now Jesus was praying in a certain place, and when he finished, one of his disciples said to him, "Lord, teach us to pray, as John taught his disciples."

Luke 11:2 (ESV) And he said to them, "When you pray, say: "Father, hallowed be your name. Your kingdom come.

Luke 11:3 (ESV) Give us each day our daily bread,

Luke 11:4 (ESV) and forgive us our sins, for we ourselves forgive everyone who is indebted to us. And lead us not into temptation."

3. Ask for the _____

Luke 11:9-10 (ESV) And I tell you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you. For everyone who asks receives, and the one who seeks finds, and to the one who knocks it will be opened.

Luke 11:11-12 (ESV) What father among you, if his son asks for a fish, will instead of a fish give him a serpent; or if he asks for an egg, will give him a scorpion?

Luke 11:13 (ESV) If you then, who are evil, know how to give good gifts to your children, how much more will the heavenly Father give the Holy Spirit to those who ask him!"

Weekly Healing Scripture

John 14:14 (ESV) If you ask me anything in my name, I will do it.

Three Secrets for Spiritual Growth - Study Guide
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Intro. Why do you think that some people stop growing spiritually?

According to Ephesians 4:11-12, how has God provided for spiritual growth?

What are the goals of spiritual growth (Ephesians 4:13)?

What is the condition of those who do not grow spiritually (Ephesians 4:14)?

Is spiritual growth simply an optional part of being a believer (Ephesians 4:15)? Why?

1A. Why do you think that Mary sat at Jesus' feet (Luke 10:38-39)?

1B. Why was Martha upset with her sister, Mary (Luke 10:41-42)?

1C. What did Jesus teach us about the difference between the two sisters (Luke 10:41-42)?

1D. In what ways can you grow to be more like Mary and less like Martha?

2A. What led the disciples to ask Jesus to teach them to pray (Luke 11:1)?

2B. What is significant about the way that Jesus begins his model prayer (Luke 11:2)?

2C. What is the daily bread that we are to pray for daily (Luke 11:3)?

2D. Why do we often forget to pray the requests in Luke 11:4?

2E. In what ways does the devil try to get us to neglect prayer?

3A. What is the point of the story that Jesus told in Luke 11:5-9?

3B. Why do you think that some people doubt that God gives good gifts (Luke 11:11-12)?

3C. According to Luke 11:13, what is the most important gift that the Father gives to His children?

3D. Why do we need to ask the Father to give the Holy Spirit to us?